

# NATUROPATHIC PEDIATRIC INTAKE FORM

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## GENERAL

Name:		Date of 1 <sup>st</sup> Visit:		
Date of Birth: dd /mm /yyyy	Age:	Gender:	Height:	Weight:
Address:				
City:		Prov:	Postal Code:	
Phone (home):		Phone (work):		
Phone (cell):		Email:		
Person completing this form:				
Name of Guardian:		Relationship:		
Name of Guardian:		Relationship:		
With whom does this child live?				
Was this child adopted?		If yes, at what age?		

## EMERGENCY CONTACT

Name:	Relationship:
Phone (home):	(work/cell):

## OTHER HEALTH CARE PROVIDERS

1.	2.
Phone:	Phone:
Fax:	Fax:
3.	4.
Phone:	Phone:
Fax:	Fax:

**Please indicate any regular screening tests your child has done:**

\_\_\_\_\_

Date of last screening test or physical exam:

\_\_\_\_\_

**How did you hear about our clinic?**

\_\_\_\_\_

**HEALTH HISTORY**

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**Reason for visit (list in order of importance):**

**How long has the child had this condition?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**What type of therapies have you tried in the past for these concern(s)?**

Diet Modification    Vitamins/minerals    Herbs    Homeopathy    Chiropractic    Pharmaceuticals  
 Other \_\_\_\_\_

**What was the outcome?**

\_\_\_\_\_

Please list all prescriptions, over the counter medications, supplements, vitamins or natural health products the child is **currently** taking, the reason why, and for how long they have been taking them:

Medication/Natural Health Product	Reason Taking	How long

How many times has the child been treated with antibiotics?

\_\_\_\_\_

**Major Hospitalizations, Surgeries, and Injuries: please indicate dates and complications (if any)**

Year                      Illness, Surgery, Injury, Major Medical Diagnosis

\_\_\_\_\_  
-                      -  
\_\_\_\_\_  
-                      -  
\_\_\_\_\_

**Please list all allergies: (food, environmental, medications, etc)**

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**Please list any food sensitivities:**

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**Please list any other foods that are excluded from the child's diet and why:**

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**Please check all of the following conditions that your child is currently experiencing (C) or has experienced in the past (P)**

Condition	C	P	Condition	C	P	Condition	C	P
Measles	q	q	Mononucleosis	q	q	Bed Wetting	q	q
Chicken Pox	q	q	Strep Throat	q	q	Anxiety	q	q
Headaches	q	q	Rubella	q	q	Asthma	q	q
Mumps	q	q	Chronic Runny Nose	q	q	ADD/ADHD	q	q
Ear Infections	q	q	Hives/Rashes/Eczema	q	q	Cold Sores	q	q
Pneumonia	q	q	Temper tantrums	q	q	Sinus Problems	q	q
Constipation	q	q	Coughing/wheezing	q	q	Seizures	q	q
Scarlet Fever	q	q	Colic/gas/cramping	q	q	Diarrhea	q	q
Tonsillitis	q	q	Digestive Difficulties	q	q	Frequent Colds	q	q

## VACCINATION HISTORY

Please indicate which vaccinations the child has received and the dates received

- |   |            |       |       |   |             |       |       |
|---|------------|-------|-------|---|-------------|-------|-------|
| q | Diphtheria | dates | _____ | q | Mumps       | dates | _____ |
| q | Pertussis  | dates | _____ | q | Rubella     | dates | _____ |
| q | Tetanus    | dates | _____ | q | Hepatitis A | dates | _____ |
|   | _____      |       |       | q | Hepatitis B | dates | _____ |
| q | Polio      | dates | _____ |   |             |       |       |
| q | HiB        | dates | _____ | q | Chicken Pox | dates | _____ |
| q | Measles    | dates | _____ | q | Flu         | dates | _____ |
| q | Other      | dates | _____ |   |             |       |       |

Please indicate if your child experienced any reaction or illnesses following a vaccination. Please indicate what the reaction was and to which vaccination(s)

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## FAMILY HISTORY

**Please check any the following that a family member has experienced:**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Arthritis                   | <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> Psoriasis      |
| <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Eczema                    | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Alzheimer's Disease         | <input type="checkbox"/> Drug Addiction/Alcoholism | <input type="checkbox"/> Stroke         |
| <input type="checkbox"/> Autoimmune (MS, Lupus, etc) | <input type="checkbox"/> Heart disease             | <input type="checkbox"/> Thyroid Issues |
| <input type="checkbox"/> Cancer                      | <input type="checkbox"/> High Blood Pressure       | <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Migraine headaches        | <input type="checkbox"/> Other _____    |

**PRENATAL HISTORY**

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Maternal age for the pregnancy: \_\_\_\_\_ Paternal age for the pregnancy: \_\_\_\_\_  
 Number of previous pregnancies: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Abortions: \_\_\_\_\_

Please describe any problems with conception or infertility treatment received for this child:

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Please check any of the following that applied to the pregnancy:

- |   |  |
|---|--|
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Nausea/vomiting          | <input type="checkbox"/> Thyroid conditions  |
| <input type="checkbox"/> Cigarette smoking        | <input type="checkbox"/> Strep B positive    |
| <input type="checkbox"/> Alcohol/tobacco/drug use |  |

- Bleeding \_\_\_\_\_
- Infections \_\_\_\_\_
- Prescription medication \_\_\_\_\_

- Supplements \_\_\_\_\_
- Over the Counter medications \_\_\_\_\_

- Prenatal testing \_\_\_\_\_

- Physical/Emotional trauma \_\_\_\_\_

- Workplace chemicals \_\_\_\_\_

- Exposure to disease or other harmful substances \_\_\_\_\_

- Other \_\_\_\_\_

Please indicate the general health/well-being of the parents during the pregnancy:

- |         |                                    |                               |                               |                               |                                  |
|---------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|----------------------------------|
| Mother: | <input type="checkbox"/> excellent | <input type="checkbox"/> good | <input type="checkbox"/> fair | <input type="checkbox"/> poor | <input type="checkbox"/> unknown |
| Father: | <input type="checkbox"/> excellent | <input type="checkbox"/> good | <input type="checkbox"/> fair | <input type="checkbox"/> poor | <input type="checkbox"/> unknown |

Please indicate the general emotional well being of the parents during the pregnancy:

- |         |                                    |                               |                               |                               |                                  |
|---------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|----------------------------------|
| Mother: | <input type="checkbox"/> excellent | <input type="checkbox"/> good | <input type="checkbox"/> fair | <input type="checkbox"/> poor | <input type="checkbox"/> unknown |
|---------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|----------------------------------|

Father:     excellent     good     fair     poor     unknown

How was the mother's diet during pregnancy?

excellent     good     fair     poor     unknown

## EARLY CHILDHOOD HISTORY

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Where was the birth? \_\_\_\_\_

Name of obstetrician/midwife/health care providers: \_\_\_\_\_

Gestational Age at Birth:

Preterm (< 37 wks) \_\_\_\_ wks    Term (38-42 wks) \_\_\_\_ wks    Post term (> 42 wks) \_\_\_\_ wks

Birth Weight: \_\_\_\_\_    Length: \_\_\_\_\_    Head Circumference: \_\_\_\_\_

Please indicate if any of the following interventions were applied:

Induction     Forceps     Vacuum extraction     C-section  
 Episiotomy     Pitocin     Pain medication     Epidural  
 Antibiotics     Other \_\_\_\_\_

Were there any birth complications? (ie breech) \_\_\_\_\_

How long was the labour? \_\_\_\_\_    APGAR Score (0-10) 1min: \_\_\_\_ 5min \_\_\_\_

Please indicate if any of the following were present shortly after birth:

Infections/Fever     Respiratory Distress     Jaundice     Poor feeding     Anemia  
 Congenital Defects     Colic     Rashes     Seizures     Birth  
Trauma/Injuries     Other: \_\_\_\_\_

## DEVELOPMENTAL AND SOCIAL HISTORY

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At what age did your child first:

Sit up \_\_\_\_\_ Crawl \_\_\_\_\_ Walk \_\_\_\_\_ Talk \_\_\_\_\_

At what age did your child begin teething? \_\_\_\_\_

Were there any difficulties associated with teething?  
\_\_\_\_\_

Is your child in:     school     daycare     homecare     other    What grade level? \_\_\_\_\_

General school/daycare  
behaviour/performance: \_\_\_\_\_  
\_\_\_\_\_

How is the child's behaviour at home?

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Does your child have any habits? \_\_\_\_\_ Any fears?  
\_\_\_\_\_

Has the child been diagnosed with any learning disabilities?  
\_\_\_\_\_

Does your child make friends easily?  
\_\_\_\_\_

Child's interests and favourite activities:  
\_\_\_\_\_

According to your child, do they enjoy these activities?  
\_\_\_\_\_

How many hours/week does your child: Play on the computer or video games? \_\_\_\_\_ Exercise? \_\_\_\_\_  
Watch television? \_\_\_\_\_ Read?(not for school) \_\_\_\_\_

Please write a little about your child's personality?  
\_\_\_\_\_  
\_\_\_\_\_

## **LIFESTYLE HABITS**

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What time does your child usually go to bed? \_\_\_\_\_ Wake up? \_\_\_\_\_

Does your child nap during the day? Y / N What time(s): \_\_\_\_\_

Does your child have nightmares? Y / N How often? \_\_\_\_\_

Does your child have any problems associated with sleeping (e.g. trouble falling asleep, grinding teeth, sleep walking, etc)  
\_\_\_\_\_

Was the child breastfed? \_\_\_\_\_ For how long? \_\_\_\_\_

Was the child formula fed? \_\_\_\_\_ Which formula? \_\_\_\_\_

Please note any problems with or reactions to feeding:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When was solid food introduced?  
\_\_\_\_\_

Order of food introduction:  
\_\_\_\_\_

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Please describe your child's eating behaviours (eg. Good appetite, picky eater, etc.)

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Does your child have any strong food cravings or aversions?

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Is the child exposed to any of the following on a regular basis?

tobacco smoke     pets     old building     renovations     chemical fumes     new building

Please describe:

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What is the source of your child's drinking water?

tap     filtered     distilled     bottled     other \_\_\_\_\_

Marital status of the child's parents:     Married     Divorced     Separated

How would you describe the emotional climate of the child's home?

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